

CME & Professional Development is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

September

3	Th	Communication Intensive I Kaiser Permanente Building	5.75 CME 9:00am—4:30pm
10	Th	Leading Change Virtual	2.5 CME 9:30am—12:00pm
17	Th	Care Experience Playground: Painful appointments about opioids Virtual	0.75 CME 7:00am-7:45am
24	Th	Communication Fundamentals Virtual	8:30am-11:30am
29	T	Coaching for Performance & Difficult Behaviors Virtual	1.75 CME 9:30am-11:30am
29	T	Care Experience Playground: Too many problems and not enough time? Master Agenda Setting! Virtual	0.75 CME 5:15pm-6:00pm

October

8	Th	Communication Intensive, Session II Kaiser Permanente Building	5.75 CME 9:00am-4:30pm
14	W	Care Experience Playground: Masking Conversations Virtual	0.75 CME 7:30am-8:15am
15	Th	Designing and Facilitating Effective Virtual Meetings Virtual	2.25 CME 9:00am-11:30am
22	Th	Emerging Leader I Virtual	2.5 CME 9:30am-12:00pm
27	T	Care Experience Playground: Cure Act Scripting Virtual	0.75 CME 12:15pm-1:00pm

November

5	Th	Care Experience Playground: Demonstrating concern in the virtual environment Virtual	0.75 CME 12:15pm-1:00pm
11	W	Leadership Essentials I Virtual	9:00am-11:00am
12	Th	Emerging Leader II Virtual	2.5 CME 9:30am-12:00pm
12	Th	Next Steps to Mindfulness Virtual	3.25 CME 9:00am-11:30am
12	Th	Art of Mentoring Virtual	1.5 CME 6:00pm-7:30pm
17	T	Leadership Essentials II Virtual	9:00am-11:00am
17	T	Care Experience Playground: Painful appointments about opioids Virtual	0.75 CME 12:15pm-1:00pm

December

1	T	Care Experience Playground: Grace Under Fire Virtual	0.75 CME 7:30am-8:15am
3	Th	Emerging Leader III Virtual	2.5 CME 9:30am-12:00pm
9	W	Encouraging the Heart I Virtual	2.25 CME 9:00am-11:00am
16	W	Encouraging the Heart II Virtual	1.75 CME 9:00am-11:00am
17	T	Care Experience Playground: Optimizing virtual visits for you, and the patient Virtual	0.75 CME 5:15pm-6:00pm

Registration for DMI Dept. Pathway's Greatest Hits available on [DMI Home Page \(bit.ly/P2PDMI.\)](http://DMI Home Page (bit.ly/P2PDMI.))

All other registration available on the Knowledge Portal www.NWPkp.org; some classes open to a restricted audience.

REMEMBER TO REQUEST TIME OFF FROM YOUR SCHEDULER

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NWP Wellness Corner

Supporting the well-being of our medical group and cultivating joy at work

- **Wellness Activities**
Stay up to date with daily NWP Wellness activities. Details found on the NWP Wellness calendar at: <http://www.nwpwellness.org/calendar.html>
 - **Perm Pod**
Perm Pod is a collection of tips, tools and techniques to enhance your daily practice. The short episodes are easy listening during a busy day. Search 'Perm Pod' in any smartphone podcast app.
 - **Wellness Guides Wanted!**
NWP Wellness is looking to increase the number of wellness guides in various locations and departments. For more information about being a guide, follow this link <http://www.nwpwellness.org/wellness-guides.html>
- For more information on these opportunities, please visit our NWP Wellness website at www.NWPWellness.org. Or, you may call Justin Pfeifer, Employee Wellness Consultant, at (503) 813-3782 / 49-3782